**C3RN News Summary – June 3rd, 2019**

Research

1. An analysis published in the *American Journal of Drug and Alcohol Abuse* uses self-reported data from 93 US military veterans who had access to free cannabis with the aim to “document which cannabis formulations and routes of administration are chosen by veterans with increased access to cannabis, and to determine whether cannabis is being used as a substitute for other licit and illicit drugs” finds that “most of the sample reported using cannabinoids as a substitute for either alcohol, tobacco, prescription medications, or illicit substances, reported that they use cannabis frequently…and primarily select higher-risk cannabis formulations (i.e., high THC/low CBD, smoked). The majority… use cannabis to self-treat multiple physical and mental health conditions/symptoms.”

May 28, 2019: VA San Diego Healthcare System, CA [More...](https://www.tandfonline.com/doi/abs/10.1080/00952990.2019.1604722?journalCode=iada20)

2. A study done on young adults with cannabis use dependence (CUD) concludes that “cannabis use frequency, beliefs about use, perceived [cognitive abilities](https://www.sciencedirect.com/topics/psychology/cognitive-ability), and anxiety are robustly associated with CUD severity in young adult, regular cannabis users, and may be important in guiding prevention and treatment [efforts](https://www.sciencedirect.com/topics/medicine-and-dentistry/exercise).”

June 1, 2019: Center for Addiction Medicine, MA General Hospital [More...](https://www.sciencedirect.com/science/article/abs/pii/S0306460318306944?via%3Dihub)

3. A literature review published in the journal *Anethesia & Analgesia* examines “the cognitive and psychomotor effects of cannabis, as well as current policy concerning driving under the influence of drugs.” And notes that “current evidence shows that blood levels of tetrahydrocannabinol do not correlate well with the level of impairment. In addition, although acute infrequent use of cannabis typically leads to cognitive and psychomotor impairment, this is not consistently the case for chronic heavy use.”

June 1, 2019: Yale School of Medicine, CT [More...](https://journals.lww.com/anesthesia-analgesia/Abstract/2019/06000/Driving_Under_the_Influence_of_Cannabis__A.43.aspx)

Industry News

4. A report on a “16-page ‘statement of concern,’ sent to state lawmakers last week, was organized by the Massachusetts Prevention Alliance, which opposed marijuana legalization.”

May 30, 2019: The Boston Globe [More...](https://www.bostonglobe.com/news/marijuana/2019/05/30/marijuana-mass-ripe-for-regulatory-failure-like-opioids-and-tobacco-doctors-group-says/LH93GT5msCNCcNIp5vO7RP/story.html)

5. A report on the FDA’s “first hearing to assess the safety and efficacy of CBD products” states that “Dr. Ned Sharpless, acting commissioner of the FDA, said despite the widespread use of such products ‘critical questions remain about the safety’ of these items.”

May 31, 2019: CNN [More...](https://www.cnn.com/2019/05/31/health/cbd-hearing-fda/index.html)